



Classes at The Lotus Centre,  
 Top Floor, 45 Victoria Street  
 Hobart  
[www.yogafromtheheart.com.au](http://www.yogafromtheheart.com.au)

## JUNE 15 - SEPT 3, 2010 CLASS SCHEDULE

	Monday	Tuesday	Wednesday	Thursday
6:30 - 8 am		<b>Dani</b> <i>Level 1 &amp; 2 Hatha</i>		<b>Dani</b> <i>Level 1 &amp; 2 Hatha</i>
9:30 - 11 am	<b>Clare</b> <i>Level 1&amp;2 Anusara</i>	<b>Dani</b> <i>Level 1 &amp; 2 Hatha</i>	<b>Clare</b> <i>Level 2 &amp; 3 Anusara</i>	
11:35 - 12:25 pm	<b>Clare</b> <i>Back Care &amp; Level 1</i>		<b>Clare</b> <i>Levels 1 &amp; 2</i>	
4 - 5pm			<b>Dani</b> <i>Yoga for Pregnancy</i>	
5:30 - 7 pm	<b>Clare</b> <i>Level 2 Anusara</i>	<b>Lee</b> <i>Level 1 Vinyasa</i>	<b>Clare</b> <i>Level 2&amp;3 Anusara</i>	<b>Lee</b> <i>Level 2&amp;3 Vinyasa</i>
7:15 - 8:45 pm	<b>Clare</b> <i>Level 1 Anusara</i>		<b>Dani</b> <i>Level 1 &amp; 2 Hatha</i>	

**To enrol or for more information please contact the instructor of the class you are interested in.**

Clare Raffety: 6227 8941, [clare@yogafromtheheart.com.au](mailto:clare@yogafromtheheart.com.au)

Lee Cody: 0417 319 046, [lee@yogafromtheheart.com.au](mailto:lee@yogafromtheheart.com.au)

Dani Fox: 0416 978543, [dani@yogafromtheheart.com.au](mailto:dani@yogafromtheheart.com.au)

### Term Fees:

1.5 hour class Mondays, 11 week session: \$154 or \$17 per class casual attendance

1.5 hour class Tuesdays - Thursdays, 12 week session: \$168 or \$17 per class casual attendance

Mon 11:35 - 12:25: 11 week session, \$132 or \$13 per class casual attendance

Wed 11:35 - 12:25 12 week session, \$144

Yoga for Pregnancy: 12 week session, \$156 or \$15 per class casual attendance